

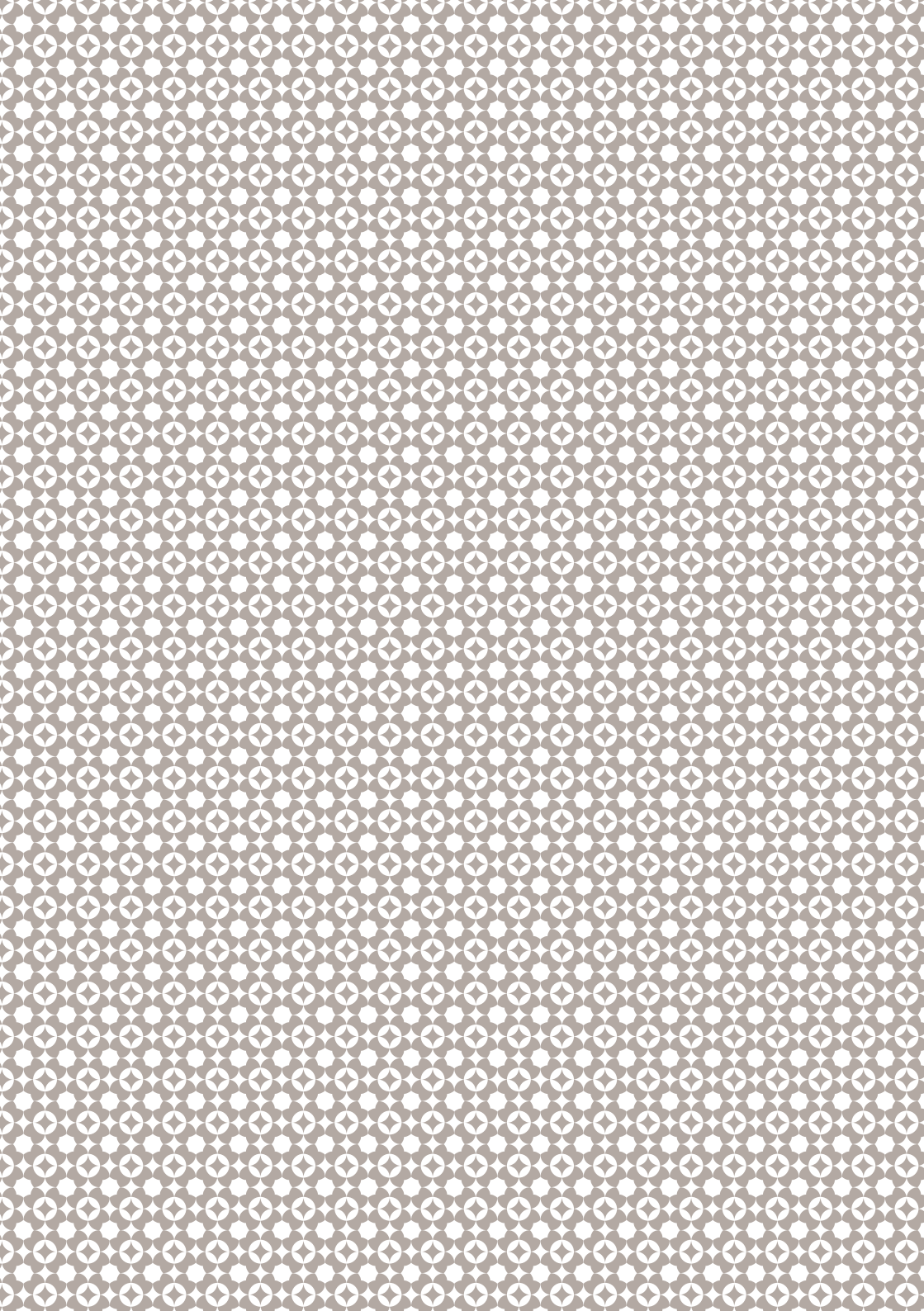


AKASHA

WELLBEING IN HARMONY

LOUNGE SPA GYM YOGA

THE COMPLETE MEMBERSHIP



Akasha is leading a new concept and holistic approach to wellbeing.

The name Akasha reflects a core vision to harmoniously unite the four basic elements of nature; earth, water, fire and air.

Earth offers nourishment in our lounge bar, water flows through our spa, fire blazes across our gym and air breezes through our studios.





As a member of Akasha, you will have complete access to all its elements – earth, water, fire and air.

A range of memberships are available to suit the needs of those who connect with the Akasha values and would like to embark on a journey of holistic wellbeing. Each membership includes tailored consultations and bespoke programmes designed specifically for your individual requirements.

Facilities at Akasha include:

- Over 1,000sqm/10,500sqft
- 18m/60ft lap pool
- 150sqm/1,615sqft state-of-the-art gym
- Specialised personal trainers
- Spinning and aerobic classes
- Yoga studio
- Meditation room
- Holistic spa treatments
- Watsu and Hammam signature experiences

INDIVIDUAL GYM & SPA

For those who desire regular exercise and relaxation time, who want an environment of calm with an abundance of space.

Access: Unlimited all areas

12 guest passes
Personalised fitness plan
Regular fitness assessments
Lifestyle consultation
Two personal training sessions
Two complimentary 50 minute treatments
Complimentary healthy snacks and drinks
Invitations to events and launches
15% off Akasha Spa treatments
Discounted rate of €20 for children (age 3 to 16) access to the swimming pool, daily 10.00am to 11.30am and 2.00pm to 3.30pm
Access to all Akasha Holistic Wellbeing Centres of The Set Hotels

Events & Special Promotions

Invitations to members events offering a variety of health and wellness activities, seminars and networking events
Exclusive members spa offers and promotions
Variety of discounts and benefits in local retail businesses

Conservatorium Hotel

Access to exclusive Host Service
Valet Parking for an additional reduced fee
Access to Business Corner

Events & Special Promotions

Annual Fee - €3500
Monthly Fee - €330

JOINT GYM & SPA

An ideal membership for cohabiting members who wish to benefit from all Akasha facilities and services.

If you and your partner are already members or if you would like to introduce your partner to Akasha there is now this new option available for two people residing at the same address.

Access: Unlimited all areas

12 guest passes
Personalised fitness plan
Regular fitness assessments
Lifestyle consultation
Three personal training sessions
Three complimentary 50 minute treatments
Complimentary healthy snacks and drinks
Invitations to events and launches
15% off Akasha Spa treatments
Discounted rate of €20 for children (age 3 to 16) access to the swimming pool, daily 10.00am to 11.30am and 2.00pm to 3.30pm
Access to all Akasha Holistic Wellbeing Centres of The Set Hotels

Events & Special Promotions

Invitations to members events offering a variety of health and wellness activities, seminars and networking events
Exclusive members spa offers and promotions
Variety of discounts and benefits in local retail businesses

Conservatorium Hotel

Access to exclusive Host Service
Valet Parking for an additional reduced fee
Access to Business Corner

Events & Special Promotions

Annual Fee - €5900
Monthly Fee - €570

SPA MEMBERSHIP

Ideal to take advantage only of our spa facilities including changing rooms, swimming pool, whirlpool, Hammam and sauna.

Access: Unlimited to Akasha spa facilities

5 guest passes

Lifestyle consultation

One complimentary 50 minute treatment

Complimentary healthy snacks and drinks

Invitations to events and launches

15% off Akasha Spa treatments

Discounted rate of €20 for children (age 3 to 16) access to the swimming pool, daily 10.00am to 11.30am and 2.00pm to 3.30pm

Access to all Akasha Holistic Wellbeing Centres of The Set Hotels

Events & Special Promotions

Invitations to members events offering a variety of health and wellness activities, seminars and networking events

Exclusive members spa offers and promotions

Variety of discounts and benefits in local retail businesses

Conservatorium Hotel

Access to exclusive Host Service

Valet Parking for an additional reduced fee

Access to Business Corner

Events & Special Promotions

Annual Fee - €2200

Monthly Fee - €200

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SHINING THROUGH